


March 2022 Halia Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Mardi Gras 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎉 Mardi Gras Event 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Balloon Volleyball 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Banana Cream Pie National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🐘 Let's Talk Animals: Who are You? 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	National Anthem National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🇺🇸 Country Flag Making 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Employee Appreciation National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎨 Hand Poster : Thank You 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Cheese Doodle National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎮 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails & Social Circle 2:45 🕒 Best Friends Hour 3:30 🎭 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
White Chocolate Cheesecake National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Social Circle 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Cereal National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎤 Karaoke Fun 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Oregon Day National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Bingo 10:15 🎵 Jon Koki Musical Performance 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Balloon Volleyball 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Barbie National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎮 Group Activity: Beach Ball Volleyball 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Pack Your Lunch National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Hot Potato 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Johnny Appleseed National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Scavenger Hunt 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Plant a Flower National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Flower Making 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🎭 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
Daylight Saving Time Begins Good Samaritan National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Social Circle : Ireland 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Learn About Butterflies National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Irish Jigs, Jokes & Jams 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Shoe The World National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Balloon Volleyball 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Panda National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Jenga Fun 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Absolutely Incredible Kid National Day St. Patrick's Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Poster for Heeia Students 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Awkward Moments National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Card Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Backyard National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Painting 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails & Social Circle 2:45 🕒 Best Friends Hour 3:30 🎭 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
First Day of Spring National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Collage Making 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Fragrance National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: What is That Smell 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	American Diabetes Association National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Hank The Singing Dutchman 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Balloon Volleyball 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Puppy National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Famous Puppies 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Cocktail National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎧 Silent Disco: Hawaii Dance Bomb 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Tolkien Reading National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Spinach National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Card Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🎭 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
Scribble National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Waterfall Talks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Something on a Stick National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Stick Art 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Mom & Pop Owners National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Jon Koki Musical Performance 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Balloon Volleyball 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Take a Walk in the Park National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: National Park Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	Crayon National Day 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Crayon Art 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🎈 Plaza Exercise 1:00 🚗 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<h2>Activities are subject to change.</h2>	